

 **Daily Doga Inspirations for you and your dog**

Three Kinds of Law

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There are three kinds of law, social and moral law, or culturally acceptable behavior, civil and criminal law, or legally accepted behavior, and universal law, or cause and effect. We may avoid the consequences of breaking the first two, but never the third.

In the Dog World, we hear a lot about the **Premack Principle**. It is not a dog psychology term, but a human / subject one. The principle was derived from a study of Cebus Monkeys by Professor David Premack. Therapists and dog trainers use the principle in behavior modification.

Premack Principle suggests that if a person (or other species) wants to perform a given activity, the person will perform a less desirable activity to get at the more desirable activity. In behaviorist terms, activities become reinforcers. If high-probability, desirable behaviors are made contingent upon lower-probability, undesirable behaviors, then the lower-probability behaviors are more likely to occur.

For example, a child is more likely to eat their vegetables and finish their homework if they know that they will get dessert and get to watch a favorite TV show or play a computer game.

A dog is more likely to respond to training if they know it is pleasant and that they are going to get some they need, love and desire like food, play, affection and moderate exercise and time to sniff.

The caveat to life is this: whether dog or human, sometimes we have to do undesirable or difficult activity to get the desired result.